Inclusive Space

NHS
Leicestershire Partnership
NHS Trust

Explaining the meaning of ‘neurodivergent’ and ‘neurotypical’

Even though the human race is neurodiverse, certain groups of people have similarities in their neurology.

Although research data varies, it is thought that about 75-80% of people fit within the group of people commonly known as ‘neurotypical’.

The remaining 15-20% of people form a smaller but still significantly-sized group of people known as ‘neurodivergent’.

The neurodivergent group can be divided further into smaller subgroups of people who are similar in neurology to one another.