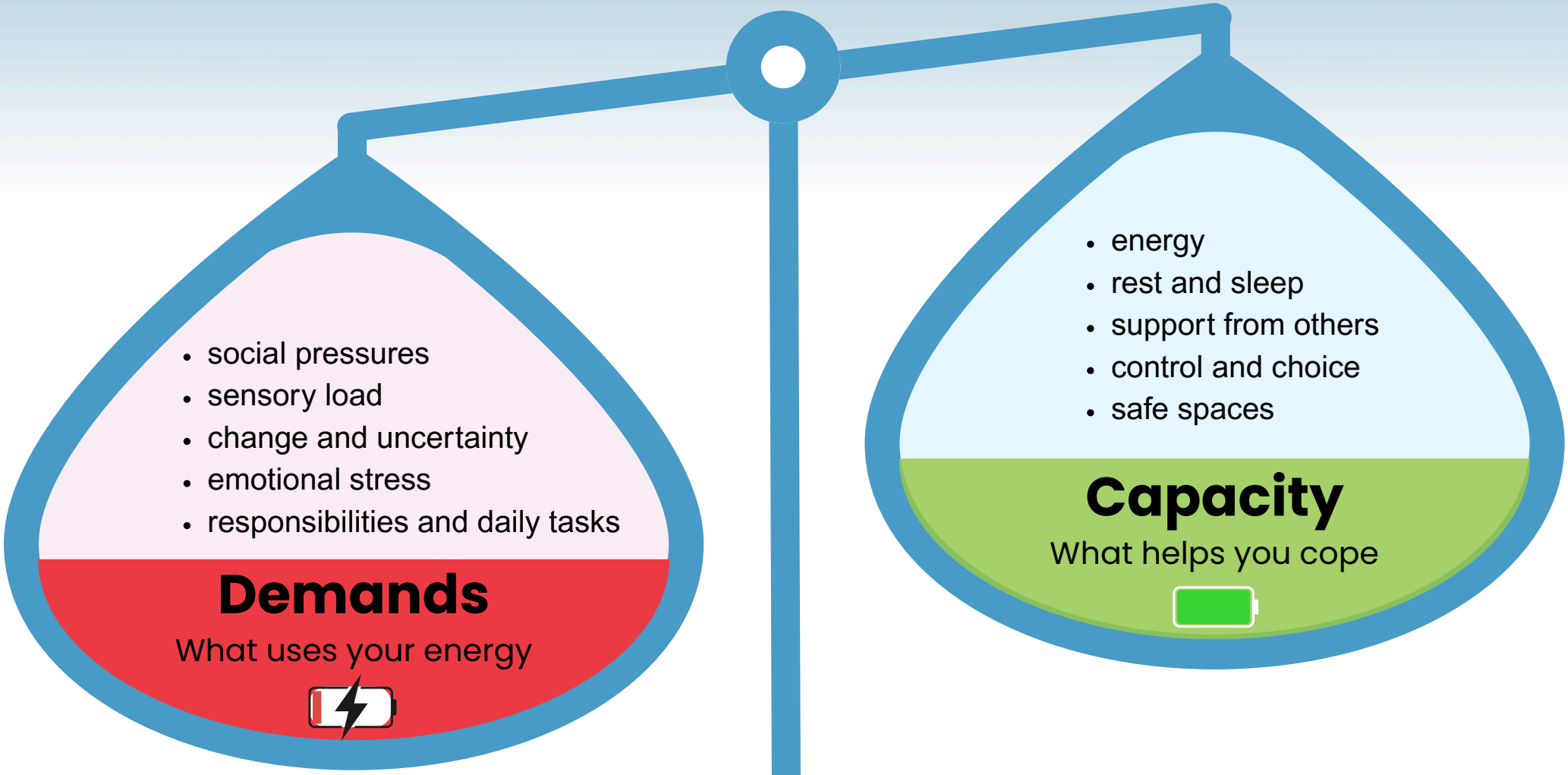
Inclusive Space

NHS Leicestershire Partnership NHS Trust

Burnout

When demands outweigh your capacity for too long



Reduce demands. Rebuild capacity. Restore balance.